

Healthy Ways comes to Greenvale Park

A pilot of the **Healthy Ways** program launched in January at Greenvale Park Community School. It promotes physical activity and healthy eating, and it aims to reduce childhood obesity by working with children and their families. It's a signature program of Harlem Children's Zone (HCZ), a world-renowned education and poverty-fighting nonprofit organization.

During the winter and spring, 23 Greenvale Park students received programming, and health data was collected for 33 students. Participants received an additional 30 minutes of physical activity every day, for a total of 36 hours. They also received six nutrition lessons and tried 15 different types of fruits and vegetables, including apples, citrus, berries, and cruciferous vegetables. Seven families participated in the **Family Fit** program, and all said they'd take the course again. Healthy Ways will continue in 2022-23 with a full year of programming.



Healthy Ways llega a Greenvale Park

Un piloto del programa **Healthy Ways** se lanzó en enero en la Escuela Comunitaria Greenvale Park. Promueve la actividad física y la alimentación saludable, y tiene como objetivo reducir la obesidad infantil trabajando con los niños y sus familias. Es un programa que dio fama a Harlem Children's Zone (HCZ), una organización sin fines de lucro de educación y lucha contra la pobreza de renombre mundial.

- Durante el invierno y la primavera, 23 estudiantes de Greenvale Park recibieron programación y se recopilaron datos de salud de 33 estudiantes. Los participantes recibieron 30 minutos adicionales de actividad física todos los días, para un total de 36 horas. También recibieron seis lecciones de nutrición y probaron 15 tipos diferentes de frutas y verduras, incluidas manzanas, cítricos, moras y verduras crucíferas. Siete familias participaron en el programa **Family Fit** y todas dijeron que volverían a tomar el curso. Healthy Ways continuará en 2022-23 con un año completo de programación.

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2021
2022

Greenvale Park
Community
School

Annual Report
Informe Anual

A flagship initiative of:
Una iniciativa de primera
importancia de:
Northfield PROMISE
Every child. Cradle to career.

A partnership of:
Una asociación de:
Northfield PUBLIC SCHOOLS

Healthy Community Initiative
HCI

Greenvale Park Community School welcomes you!



The Greenvale Park Community School is both an elementary school and a community resource, with an integrated focus on **academics, health, social services, youth development and community engagement**.

This leads to a better learning environment for all of our students, stronger families, and a healthy lifestyle.

La Escuela Comunitaria Greenvale Park es a la vez una primaria y un recurso comunitario, con un enfoque integrado en **lo académico, la salud, servicios sociales, desarrollo de los jóvenes y participación comunitaria**. Eso lleva a un entorno de aprendizaje superior para todos nuestros estudiantes, familias fortalecidas y un estilo de vida más sana.



FROM Principal Sam Richardson

The Community School offers a place for students to belong, connect, and explore their creative talents. Students look forward to attending, and leaders have helped build a true community. The regular programs provide students enrichment opportunities in multiple areas including the arts, music, STEM, and physical education. The new building has enhanced Community School offerings for students after school. Dedicated volunteers and partners make diverse programming and resources possible. I am proud of the highly-rated Community School and the many ways it benefits students and families!

La Escuela Comunitaria ofrece un lugar donde los estudiantes pertenecen, forman relaciones y exploran sus talentos creativos. Los estudiantes están deseosos de asistir y los líderes han ayudado a formar una verdadera comunidad. Los programas alineados proveen oportunidades de enriquecimiento a los estudiantes en múltiples áreas, incluyendo las artes, la música, clases de STEM (ciencia, tecnología, ingeniería y matemáticas) y educación física. El nuevo edificio ha mejorado las ofertas de la Escuela Comunitaria para los estudiantes después de la escuela. Voluntarios y socios dedicados hacen posible la diversidad de programas y recursos. ¡Estoy orgulloso de la escuela comunitaria altamente calificada y de las muchas formas en que beneficia a los estudiantes y las familias!



iGracias!

Funding for the core operations of the Greenvale Park Community School is provided by the Minnesota Department of Education's Nita M. Lowey 21st Century Community Learning Centers Grant*, Northfield Shares, Women in Northfield Giving Support (WINGS), Northfield Promise, and Rice County Area United Way.

*21st Century funding does not constitute endorsement by the U.S. Department of Education.

Thank you!

La subvención Nita M. Lowery para Centros Aprendizaje Comunitarios del Siglo 21* del Departamento de Educación de Minnesota, Northfield Shares, Mujeres en Northfield Dando Apoyo (WINGS, por sus siglas en inglés), Northfield Promise y el United Way del Condado Rice y Sus Alrededores proveen el financiamiento para las operaciones esenciales de la Escuela Comunitaria Greenvale Park.

*Financiamiento de Siglo 21 no constituye aprobación del Departamento de Educación de los EU.

DID YOU
KNOW?

Programs and volunteers return!

The Community School welcomed returning and new volunteers to the school in 2021-22 as COVID-19 protocols eased and allowed for an expansion of programming. Youth and leaders enjoyed making use of all the group spaces in the new elementary school building for their clubs and activities.



563 youth attended programming (grades K-12) and participated in 75 clubs



22 students participated in swimming lessons through the Northfield Area Family YMCA



85 volunteers donated 453 hours to a variety of programming



940 meals were served at the community school between October and May



940 comidas se sirvieron en la escuela comunitaria entre octubre y mayo



72 students received dental cleanings through HealthFinders Collaborative



Brisa Zubia
Community School Coordinator

¡Programas y voluntarios regresan!

La Escuela Comunitaria dio la bienvenida a los voluntarios nuevos y a los que regresaron a la escuela en 2021-22 a medida que los protocolos de COVID-19 se relajaron y permitieron una expansión de la programación. A los jóvenes y líderes les dio gusto hacerle uso de todos los espacios grupales en el nuevo edificio de la escuela primaria para sus clubes y actividades.

Join our community Únete a nuestra comunidad

Many opportunities exist for the whole family to get involved at Greenvale Park Community School! Extended hours make our programs and activities accessible for families' varied schedules.

Before School Activities for Kids

Monday-Friday starting at 7:45 a.m.

After School Clubs for Kids

Monday-Thursday until 4:45 p.m.

Evening Activities for Families

Tuesdays and Thursdays, 5:30-7:30 p.m.

The community school also offers programming during fall, winter, spring, and summer breaks. Visit gvp.communityschool.org for the latest updates.



SCAN HERE
for updates

gvp.communityschool.org



Volunteers welcome!

If you'd like to share your time and skills with the community school, please contact info@gvpcommunityschool.org.

iVoluntarios bienvenidos!

Si desea compartir su tiempo y habilidades con la escuela comunitaria, favor de comunicarse con info@gvpcommunityschool.org.

