

YMHFA BY THE NUMBERS

Youth Mental Health First Aid (YMHFA)

Between January and September 2015...



★ 10 YMHFA Sessions



★ 148 People Trained

Audiences included:

- Faribault Public Schools staff
- Pastors and youth faith workers from Northfield and Faribault
- Cannon River STEM School staff
- Out-of-school time employees and volunteers in Northfield and Faribault
- Arcadia School staff
- Rice County staff, including Community Corrections and the Sheriff's Office

On September 3, 2015...

160

Northfield Public Schools licensed staff from grades 5-12 completed Part I of the YMHFA training. They will complete Part II on November 25. The Northfield District included the YMHFA training as part of teacher workshop/professional learning days... **a huge win for YMHFA!**

Referrals

Information collected through a monthly survey sent by email to those who complete the YMHFA training:

Between January and August 2015, survey respondents reported making **351 referrals**. Referrals were most commonly made to a community-based mental health counselor, school social worker, or school psychologist.

Upcoming Trainings:

October 23, Workforce Development, Inc. employees who serve Rice County youth

October 27, Laura Baker Services and Northfield Area YMCA staff

November 9, Prairie Creek school staff
YMHFA is also being promoted with local youth faith workers, schools in Faribault, and The Key (Union of Youth) in Northfield.

If you have ideas for other groups interested in the YMHFA training, please email info@rcmhc.org



Every child. Cradle to career.



Thriving youth. Thriving community.



Care. Prevention. Promotion.

